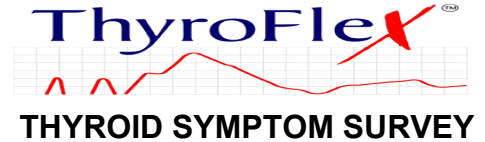


Instructions for Submittal

1. Use Adobe Acrobat Reader 5 or later. Download at <http://www.adobe.com>
2. Fill in the appropriate fields of this form
3. Hit the submit button at the end of this document and email it back via your desktop email program



PATIENT NAME: _____ DOB: ___/___/___ Ht: _____ Wt: _____

Do you suffer from any of the following?

Rate your symptoms below from a scale of 0-3 (0-None, 1-Mild, 2-Moderate, 3-Severe)

- | | |
|---|----------------------------|
| • _____ Tiredness & Sluggishness | • _____ Tachycardia |
| • _____ Dryer Hair or Skin | • _____ Palpitations |
| • _____ Sleep More Than Usual | • _____ Insomnia |
| • _____ Weaker Muscles | • _____ Shakiness |
| • _____ Constant Feeling of cold(fingers) | • _____ Increased Sweating |
| • _____ Frequent Muscle Cramps | • _____ Brittle Nails |
| • _____ Poorer Memory | • _____ Loss of Appetite |
| • _____ More Depressed | |
| • _____ Slower Thinking | |
| • _____ Puffier Eyes | |
| • _____ Difficulty with Math | |
| • _____ Hoarser or Deeper Voice | |
| • _____ Constipation | |
| • _____ Coarse Hair / Hair loss | |
| • _____ Muscle / Joint Pain | |
| • _____ Low Sex Drive / Impotence | |
| • _____ Puffy Hands and Feet | |
| • _____ Unsteady Gait | |
| • _____ Gain Weight Easy | |
| • _____ Outer Third Of Eyebrows Thin | |
| • _____ Menses More Irregular (28Days) | |
| • _____ Heavier Menses | |

_____ **Total HYPER Score (0)**

_____ **Total HYPO Score (8)**
 • _____ Fibrocystic Breast Disease

YOUR TEST RESULTS	
(To be filled out by the Office)	
SYMPTOM SCORE Hypo/Hyper	_____ / _____
REFLEX TIME (F-PF)	_____
RESTING METABOLIC RATE (RMR)	_____

Reference RMR & Reflex Response	Abnormal Reflex Response (F-PF)
RMR (Woman) = 2,250 cal/day *	HYPOTHYROIDISM ≥ 0.150 sec
RMR (Men) = 2,750 cal/day *	HYPERTHYROIDISM ≤ 0.050 sec
F-PF = 50- 150 msec	(50 – 100 msec)
* (+/- 250 cal/day for an over/under weight or aged patient)	

Return to Normal RMR following Treatment

RMR will increase about 400 calories above baseline (before treatment).

Submit